

# Fin Henri Lecluyse: Session: 1: COACH evaluation sheet for TEAM: VZV

Coachinfo: Warming up from: 13:30 until 14:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Landschoot Gwendy

Coaches: Vansteenland Annelies HEADCOACH

Coaches: Bartholomeus Pieter

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 3: 100M MEDLEY WOMEN 11+ Heat:1, starttime: 14:40**

**Heat: 1/8 Lane : 5 Athlete: NEYRINCK ELODY Q-time: 01:34:31**

**PB (25m pool): 01:34.31 Diksmuide 08/02/2026 PB (50m pool): no time SB: 01:34.31 Diksmuide 08/02/2026**

	25 M	50 M	75 M	100 M	
PB		00:44.91		01:34.31	
	00:44.91		00:49.40		
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Coach feedback:

**Event number: 3: 100M MEDLEY WOMEN 11+ Heat:5, starttime: 14:48**

**Heat: 5/8 Lane : 1 Athlete: LOWAGIE LOLA Q-time: 01:19:70**

**PB (25m pool): 01:19.70 Diksmuide 08/02/2026 PB (50m pool): no time SB: 01:19.70 Diksmuide 08/02/2026**

	25 M	50 M	75 M	100 M	
PB		00:38.68		01:19.70	
	00:38.68		00:41.02		
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Coach feedback:

**Event number: 3: 100M MEDLEY WOMEN 11+ Heat:5, starttime: 14:48**

**Heat: 5/8 Lane : 3 Athlete: BARTHOLOMEUS FLORIANNE Q-time: 01:17:94**

**PB (25m pool): 01:17.94 Diksmuide 08/02/2026 PB (50m pool): no time SB: 01:17.94 Diksmuide 08/02/2026**

	25 M	50 M	75 M	100 M	
PB		00:36.87		01:17.94	
	00:36.87		00:41.07		
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Coach feedback:

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<b>Event number: 3: 100M MEDLEY WOMEN 11+</b>				<b>Heat:5, starttime: 14:48</b>	
<b>Heat: 5/8 Lane : 5 Athlete: LOWAGIE LILY</b>				<b>Q-time: 01:17:83</b>	
PB (25m pool): 01:17.83 Diksmuide 28/12/2025			PB (50m pool): no time SB: 01:17.83 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:38.67		01:17.83	
	00:38.67		00:39.16		
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Coach feedback:

<b>Event number: 4: 100M MEDLEY MEN 11+</b>				<b>Heat:4, starttime: 15:01</b>	
<b>Heat: 4/7 Lane : 2 Athlete: VANDOOREN LOU</b>				<b>Q-time: 01:17:66</b>	
PB (25m pool): 01:17.66 Diksmuide 08/02/2026			PB (50m pool): no time SB: 01:17.66 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:36.69		01:17.66	
	00:36.69		00:40.97		
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Coach feedback:

<b>Event number: 4: 100M MEDLEY MEN 11+</b>				<b>Heat:5, starttime: 15:03</b>	
<b>Heat: 5/7 Lane : 1 Athlete: GARMYN LEON</b>				<b>Q-time: 01:14:81</b>	
PB (25m pool): 01:14.81 Diksmuide 08/02/2026			PB (50m pool): no time SB: 01:14.81 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:33.21		01:14.81	
	00:33.21		00:41.60		
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Coach feedback:

<b>Event number: 4: 100M MEDLEY MEN 11+</b>				<b>Heat:5, starttime: 15:03</b>	
<b>Heat: 5/7 Lane : 3 Athlete: JANSSEUNE VIC</b>				<b>Q-time: 01:12:67</b>	
PB (25m pool): 01:12.67 WAREGEM 27/09/2025			PB (50m pool): no time SB: 01:12.67 WAREGEM 27/09/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		01:12.67	
	no time				
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Coach feedback:

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<b>Event number: 4: 100M MEDLEY MEN 11+</b>				<b>Heat:5, starttime: 15:03</b>	
<b>Heat: 5/7 Lane : 5 Athlete: GERMONPRé ACHIEL</b>				<b>Q-time: 01:12:33</b>	
PB (25m pool): 01:12.33 Diksmuide 28/12/2025			PB (50m pool): no time SB: 01:12.33 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:34.98		01:12.33	
	00:34.98		00:37.35		
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Coach feedback:

<b>Event number: 4: 100M MEDLEY MEN 11+</b>				<b>Heat:6, starttime: 15:05</b>	
<b>Heat: 6/7 Lane : 7 Athlete: NEYRINCK LOÏCK</b>				<b>Q-time: 01:10:82</b>	
PB (25m pool): 01:10.82 Diksmuide 08/02/2026			PB (50m pool): no time SB: 01:10.82 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:33.45		01:10.82	
	00:33.45		00:37.37		
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Coach feedback:

<b>Event number: 6: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:1, starttime: 15:14</b>	
<b>Heat: 1/7 Lane : 5 Athlete: NEYRINCK ELODY</b>				<b>Q-time: 01:18:35</b>	
PB (25m pool): 01:19.31 Ieper 04/01/2026			PB (50m pool): 01:18.35 SB: 01:19.31 Ieper 04/01/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:39.26		01:19.31	
	00:39.26		00:40.05		
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Coach feedback:

<b>Event number: 6: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:4, starttime: 15:19</b>	
<b>Heat: 4/7 Lane : 2 Athlete: LOWAGIE LOLA</b>				<b>Q-time: 01:08:07</b>	
PB (25m pool): 01:08.07 Menen 01/05/2026			PB (50m pool): 01:09.48 SB: 01:08.07 Menen 01/05/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:32.55		01:08.07	
	00:32.55		00:35.52		
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Coach feedback:

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<b>Event number: 6: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:4, starttime: 15:19</b>	
<b>Heat: 4/7 Lane : 3 Athlete: BARTHOLOMEUS FLORIANNE</b>				<b>Q-time: 01:07:76</b>	
PB (25m pool): 01:07.76 Ieper 04/01/2026			PB (50m pool): 01:07.88 SB: 01:07.76 Ieper 04/01/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:33.02		01:07.76	
		00:33.02		00:34.74	
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Coach feedback:

<b>Event number: 6: 100M FREESTYLE WOMEN 11+</b>				<b>Heat:4, starttime: 15:19</b>	
<b>Heat: 4/7 Lane : 6 Athlete: LOWAGIE LILY</b>				<b>Q-time: 01:07:89</b>	
PB (25m pool): 01:07.89 Temse 17/11/2025			PB (50m pool): 01:08.95 SB: 01:07.89 Temse 17/11/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:32.36		01:07.89	
		00:32.36		00:35.53	
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Coach feedback:

<b>Event number: 7: 100M FREESTYLE MEN 11+</b>				<b>Heat:5, starttime: 15:33</b>	
<b>Heat: 5/7 Lane : 1 Athlete: JANSSEUNE VIC</b>				<b>Q-time: 01:04:58</b>	
PB (25m pool): 01:03.60 Brugge 20/10/2024			PB (50m pool): 01:05.16 SB: 01:04.91 Diksmuide 12/10/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:31.34		01:03.60	
		00:31.34		00:32.26	
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Coach feedback:

<b>Event number: 7: 100M FREESTYLE MEN 11+</b>				<b>Heat:5, starttime: 15:33</b>	
<b>Heat: 5/7 Lane : 5 Athlete: GERMONPRé ACHIEL</b>				<b>Q-time: 01:03:31</b>	
PB (25m pool): 01:03.31 Eeklo 06/04/2026			PB (50m pool): 01:04.44 SB: 01:03.31 Eeklo 06/04/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:30.32		01:03.31	
		00:30.32		00:32.99	
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Coach feedback:

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<b>Event number: 7: 100M FREESTYLE MEN 11+</b>				<b>Heat:5, starttime: 15:33</b>	
<b>Heat: 5/7 Lane : 7 Athlete: VANDOOREN LOU</b>				<b>Q-time: 01:04:53</b>	
PB (25m pool): 01:04.53 Eeklo 06/04/2026			PB (50m pool): 01:06.63 SB: 01:04.53 Eeklo 06/04/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:31.16		01:04.53	
		00:31.16		00:33.37	
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Coach feedback:

<b>Event number: 7: 100M FREESTYLE MEN 11+</b>				<b>Heat:6, starttime: 15:35</b>	
<b>Heat: 6/7 Lane : 1 Athlete: NEYRINCK LOÏCK</b>				<b>Q-time: 01:00:69</b>	
PB (25m pool): 01:00.69 Eeklo 06/04/2026			PB (50m pool): 01:03.16 SB: 01:00.69 Eeklo 06/04/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:29.11		01:00.69	
		00:29.11		00:31.58	
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Coach feedback:

<b>Event number: 8: 100M BREASTSTROKE WOMEN 11+</b>				<b>Heat:2, starttime: 16:01</b>	
<b>Heat: 2/4 Lane : 4 Athlete: LOWAGIE LOLA</b>				<b>Q-time: 01:25:43</b>	
PB (25m pool): 01:25.43 Diksmuide 08/02/2026			PB (50m pool): 01:27.90 SB: 01:25.43 Diksmuide 08/02/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:40.59		01:25.43	
		00:40.59		00:44.84	
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Coach feedback:

<b>Event number: 8: 100M BREASTSTROKE WOMEN 11+</b>				<b>Heat:2, starttime: 16:01</b>	
<b>Heat: 2/4 Lane : 7 Athlete: BARTHOLOMEUS FLORIANNE</b>				<b>Q-time: 01:29:81</b>	
PB (25m pool): 01:29.81 Temse 17/11/2025			PB (50m pool): 01:30.63 SB: 01:29.81 Temse 17/11/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:42.99		01:29.81	
		00:42.99		00:46.82	
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Coach feedback:

# Fin Henri Lecluyse: Session: 1: COACH evaluation sheet for TEAM: VZV

<b>Event number: 8: 100M BREASTSTROKE WOMEN 11+</b>				<b>Heat:3, starttime: 16:03</b>	
<b>Heat: 3/4 Lane : 6 Athlete: LOWAGIE LILY</b>				<b>Q-time: 01:22:51</b>	
PB (25m pool): 01:22.51 Menen 01/05/2026			PB (50m pool): 01:22.88 SB: 01:22.51 Menen 01/05/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:39.52		01:22.51	
	00:39.52		00:42.99		
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Coach feedback:

<b>Event number: 9: 100M BREASTSTROKE MEN 11+</b>				<b>Heat:2, starttime: 16:09</b>	
<b>Heat: 2/2 Lane : 7 Athlete: GERMONPRé ACHIEL</b>				<b>Q-time: 01:19:41</b>	
PB (25m pool): 01:19.41 Menen 01/05/2025			PB (50m pool): 01:21.07 SB: 01:22.47 Diksmuide 12/10/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:36.67		01:19.41	
	00:36.67		00:42.74		
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Coach feedback:

<b>Event number: 11: 100M BACKSTROKE WOMEN 11+</b>				<b>Heat:1, starttime: 16:14</b>	
<b>Heat: 1/3 Lane : 1 Athlete: NEYRINCK ELODY</b>				<b>Q-time: 01:32:49</b>	
PB (25m pool): 01:32.49 Diksmuide 28/12/2025			PB (50m pool): 01:35.08 SB: 01:32.49 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:46.86		01:32.49	
	00:46.86		00:45.63		
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Coach feedback:

<b>Event number: 12: 100M BACKSTROKE MEN 11+</b>				<b>Heat:2, starttime: 16:24</b>	
<b>Heat: 2/4 Lane : 4 Athlete: GARMYN LEON</b>				<b>Q-time: 01:16:43</b>	
PB (25m pool): 01:16.43 Diksmuide 28/12/2025			PB (50m pool): 01:17.07 SB: 01:16.43 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:37.08		01:16.43	
	00:37.08		00:39.35		
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Coach feedback:

# Fin Henri Lecluyse: Session: 1: COACH evaluation sheet for TEAM: VZV

<b>Event number: 12: 100M BACKSTROKE MEN 11+</b>				<b>Heat:3, starttime: 16:27</b>	
<b>Heat: 3/4 Lane : 2 Athlete: VANDOOREN LOU</b>				<b>Q-time: 01:15:40</b>	
PB (25m pool): 01:15.40 Eeklo 06/04/2026			PB (50m pool): 01:17.90 SB: 01:15.40 Eeklo 06/04/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:37.17		01:15.40	
	00:37.17		00:38.23		
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Coach feedback:

<b>Event number: 12: 100M BACKSTROKE MEN 11+</b>				<b>Heat:3, starttime: 16:27</b>	
<b>Heat: 3/4 Lane : 3 Athlete: NEYRINCK LOÏCK</b>				<b>Q-time: 01:12:96</b>	
PB (25m pool): 01:12.96 Diksmuide 28/12/2025			PB (50m pool): 01:14.04 SB: 01:12.96 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:35.71		01:12.96	
	00:35.71		00:37.25		
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Coach feedback:

<b>Event number: 14: 100M BUTTERFLY MEN 11+</b>				<b>Heat:2, starttime: 16:36</b>	
<b>Heat: 2/2 Lane : 1 Athlete: GARMYN LEON</b>				<b>Q-time: 01:15:28</b>	
PB (25m pool): 01:15.28 Diksmuide 28/12/2025			PB (50m pool): 01:21.63 SB: 01:15.28 Diksmuide 28/12/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:34.83		01:15.28	
	00:34.83		00:40.45		
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Coach feedback:

<b>Event number: 14: 100M BUTTERFLY MEN 11+</b>				<b>Heat:2, starttime: 16:36</b>	
<b>Heat: 2/2 Lane : 2 Athlete: JANSSEUNE VIC</b>				<b>Q-time: 01:12:53</b>	
PB (25m pool): 01:12.71 Diksmuide 01/12/2024			PB (50m pool): 01:12.53 SB: 01:13.75 leper 04/01/2026		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:33.99		01:12.71	
	00:33.99		00:38.72		
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Coach feedback: